

# Summer Hill Stations Packing List

What to pack for India's hill stations in summer — the cool escape from the heat that still needs layers, rain-readiness, and grippy footwear for misty trails.

## WHY HILL STATION PACKING IS DIFFERENT

Hill stations are the one place in India where summer means packing warm layers, not less clothing. Towns at altitude stay noticeably cooler than the plains, mornings and evenings can be genuinely chilly, and weather shifts fast — clear skies can turn to mist or light rain within an hour. Add winding, often steep walking routes through markets and viewpoints, and the packing priorities flip from heat management to layering and grip.

## CLOTHING

- Light sweater or fleece for cool mornings and evenings, even in peak summer
- A few short-sleeve layers for warmer midday hours
- Light rain jacket or windbreaker — hill weather turns quickly
- Comfortable layers that move easily for walking uphill and down
- Scarf or light shawl, useful for both warmth and sites with modesty expectations
- One warmer outfit for evenings, which cool down faster than you'd expect

## FOOTWEAR & ACCESSORIES

- Closed walking shoes with good tread — hill station streets and trails are often steep or uneven
- Extra grip socks if you plan on any short treks or nature walks
- Compact umbrella or rain cover for unexpected showers
- Sunglasses for clear, high-altitude sun
- Small daypack for carrying layers as temperatures shift through the day

## HEALTH, DOCUMENTS & TECH

- Sunscreen — UV exposure is stronger at altitude even when the air feels cool
- Lip balm and moisturizer for drier mountain air
- Basic motion-sickness tablets for winding hill roads
- Personal medication and a small first-aid kit for walking-heavy days
- Passport/visa copy and hotel confirmations
- Portable charger and a universal plug adapter (India: Type C/D/M)
- Small cash reserve (₹) — smaller hill-town shops are often cash-preferred

