

Delhi Packing List

Everything to pack for Delhi's extreme seasonal swings, winter smog, and monument dress codes — built to pair with Indroam's Delhi itinerary templates.

WHY DELHI PACKING IS DIFFERENT

Delhi has some of the widest seasonal swings of any Indian city: summers (April–June) bring dry, scorching heat well above body temperature, monsoon (July–September) adds humidity and sudden downpours, and winter (December–February) turns surprisingly cold and foggy, with poor air quality that affects sensitive lungs. Major monuments like Qutub Minar and Humayun's Tomb expect modest dress and involve security screening, and a lot of ground gets covered between Old and New Delhi. This list is built for that range, not just one season.

CLOTHING

- Lightweight cotton or linen clothing for summer and monsoon months
- A warm jacket, sweater, and thermal layers for December–February mornings and evenings
- Modest, knee-and-shoulder-covering outfits for mosques, temples, and major monuments
- A packable rain layer for the July–September monsoon
- A scarf or stole — useful for sun, dust, modesty, and winter chill alike
- One smart-casual outfit for upscale dinners or evening markets
- Comfortable, loose clothing for long walking days at Old Delhi's bazaars

FOOTWEAR & ACCESSORIES

- Sturdy, broken-in walking shoes for forts, monuments, and uneven lanes
- Easy slip-on footwear for places requiring shoes off at the entrance
- Sunglasses and a wide-brim hat for summer visits
- A pollution/dust mask for winter smog days
- Reusable water bottle
- A crossbody or anti-theft daypack for crowded markets and metro travel

HEALTH, DOCUMENTS & TECH

- Sunscreen SPF 50+ for summer and shoulder-season visits
- Hand sanitizer and wet wipes
- Personal medication, plus basic cold/flu remedies for winter trips
- A reusable face mask for high-pollution winter days
- Passport/visa copy, travel insurance, and hotel confirmations
- Portable charger and a universal plug adapter (India: Type C/D/M)

If visiting in December or January, check air quality forecasts — Delhi's winter smog can affect those with asthma or respiratory sensitivity.